

NZJJF Concussion Policy.

Overview

The purpose of the NZJJF Concussion Policy is to provide:

1. An increased awareness of concussion in those involved in Ju-Jitsu i.e. players, coaches, officials, supporters and their families.
2. Guidance on the identification and management of concussion to those involved in Ju-Jitsu in New Zealand.

Written in accordance with ACCSportSmart guidelines it incorporates the best practice guidelines developed at the 5th International Conference in Concussion in Sport held in Berlin in 2016.

Background

Concussion (and student welfare in general) is everyone's responsibility. Students, parents, coaches and officials need to act in the best interest of student safety and welfare by taking responsibility for the recognition, removal and referral of students to a medical doctor. They should then ensure that concussion is appropriately managed as per the NZJJF Concussion Policy guidelines.

The NZJJF Concussion Awareness Policy:

- a) Increases awareness of concussion within the Ju-Jitsu community and its supporters;
- b) Provides guiding principles and general advice regarding the management of concussion in competitions; and
- c) Mandates the process by which a student may continue to participate or return to Ju-Jitsu, following involvement in an incident which requires assessment as to whether a suspected concussion has occurred.

The NZJJF has adopted the Consensus Statement on Concussion in Sport: The 5th International Conference on Concussion in Sport, held in Berlin, November 2016.

“With respect to the assessment of concussion, the advice contained within this Concussion Policy is of a general nature only. Individual treatment will depend on

the facts and circumstances specific to each individual case. This Concussion Policy is not intended as a standard of care and should not be interpreted as such.”

The Concussion Policy will be reviewed every 4 years by the NZJJF and will be modified and updated according to the development of new knowledge.

In a nutshell; the NZJJF Concussion Policy reflects best practice in the management of concussion in a Ju-Jitsu context. It is everyone’s responsibility to ensure that they are applied. students, coaches, officials and clubs are encouraged to promote these guidelines and to ensure that they are applied appropriately.

The NZJJF Concussion Policy can be found by clicking on the following link;

http://nzjif.org.nz/NZJJF/jujitsu/wp-content/uploads/2019/10/Notice_19_1_NZJJF-Concussion-Policy-2019.pdf